

# PRESCHOOLER CLASSES



PLEASE FOLLOW REGISTRATION DIRECTIONS LOCATED AT THE END OF BROCHURE CAREFULLY. IMPORTANT: ADDITIONAL WEE FOLK AND LITTLE FOLK PRESCHOOL PROGRAM REGISTRATION INFORMATION LISTED BELOW

- 1) Huntington Beach residents or non-resident city property taxpayers (copy of tax bill required) may register by mail. Non-residents may register during walk-in registration ONLY.
- 2) A birth or hospital certificate or copy must accompany each registration form even if you have been enrolled in this program before.
- 3) Each family must submit registration form(s) in a single envelope.
- 5) You may register for one or both sessions.
- 6) ACCEPTED Enrollment will not ensure enrollment in future preschool programs.

## WEE FOLK PRESCHOOL PROGRAM

A program designed to keep your child active, involved and playing with others. Tots will explore music, rhythm, arts, motor skills, and more. A fun - filled morning of social development and self-esteem builders. **MUST BE THREE YEARS BY 9/08/09 AND POTTY TRAINED.** Snack fee of \$20 payable at first class session. Public school holidays will be observed. (You may sign up for both sessions at one time).

Director: Nancy Shurts

Fee: \$220.00 – 9 week session

|              |       |                 |     |                |
|--------------|-------|-----------------|-----|----------------|
| MCC/6003.401 | 3 yrs | Sep 8 – Nov 5   | TTh | 9:00 AM – Noon |
| MCC/6003.402 | 3 yrs | Nov 10 – Jan 21 | TTh | 9:00 AM – Noon |
| ECC/6003.403 | 3 yrs | Sep 8 – Nov 5   | TTh | 9:00 AM – Noon |
| ECC/6003.404 | 3 yrs | Nov 10 – Jan 21 | TTh | 9:00 AM – Noon |

## LITTLE FOLK PRESCHOOL PROGRAM

This class provides an opportunity for social, physical, emotional, and language development through arts, music, science, storytime, and more. We reinforce a positive self-image and make school a fun experience. **MUST BE FOUR YEARS OLD BY 12/2/09.** Snack fee of \$25 payable first class session. Public school holidays will be observed. (You may sign up for both sessions at one time).

Director: Nancy Shurts

Fee: \$298.00 – 9 week session

|              |           |                |     |                |
|--------------|-----------|----------------|-----|----------------|
| MCC/6004.401 | 4 – 5 yrs | Sep 9 – Nov 6  | MWF | 9:00 AM – Noon |
| MCC/6004.402 | 4 – 5 yrs | Nov 9 – Jan 22 | MWF | 9:00 AM – Noon |
| ECC/6004.403 | 4 – 5 yrs | Sep 9 – Nov 6  | MWF | 9:00 AM – Noon |
| ECC/6004.404 | 4 – 5 yrs | Nov 9 – Jan 22 | MWF | 9:00 AM – Noon |



## ART: CLAY ADVENTURE FOR TINY ARTIST

It is clay time! Experience the fun of earthy clay. Come join us as we go on a clay adventure. You will learn hand building techniques to create unique pieces. We will build different projects each class, from animals and masks to functional objects. All projects will be glazed and fired by the instructor. Be prepared to get messy; aprons will be provided. A material fee of \$10 is payable to the instructor at the first class. **No class on November 26.**

Instructor: Lucia Y. Henry

Fee: \$65.00/\$55.00 HBAC members – 6 sessions

|               |           |                 |    |                  |
|---------------|-----------|-----------------|----|------------------|
| HBAC/6112.401 | 3 – 5 yrs | Sep 17 – Oct 22 | Th | 10:00 – 11:00 AM |
| HBAC/6112.402 | 3 – 5 yrs | Oct 29 – Dec 10 | Th | 10:00 – 11:00 AM |

## ART: DRAWING FOR LITTLE TOTS

Children ages 4 to 6 learn step-by-step how to create works of art, while developing an awareness of basic shapes, colors, compositions, hand-eye coordination, and more. Class is limited to 15 students—pre-registration is required. Materials list. **No class on November 11 and 26.**

Instructor: Courtney Oquist

Fee: \$65.00/\$55.00 HBAC members – 6 sessions

|               |           |                 |   |                |
|---------------|-----------|-----------------|---|----------------|
| HBAC/6054.401 | 4 – 6 yrs | Sep 16 – Oct 21 | W | 3:00 – 4:00 PM |
| HBAC/6054.402 | 4 – 6 yrs | Sep 16 – Oct 21 | W | 4:00 – 5:00 PM |
| HBAC/6054.403 | 4 – 6 yrs | Sep 16 – Oct 21 | W | 5:00 – 6:00 PM |
| HBAC/6054.404 | 4 – 6 yrs | Oct 28 – Dec 9  | W | 3:00 – 4:00 PM |
| HBAC/6054.405 | 4 – 6 yrs | Oct 28 – Dec 9  | W | 4:00 – 5:00 PM |
| HBAC/6054.406 | 4 – 6 yrs | Oct 28 – Dec 9  | W | 5:00 – 6:00 PM |



## ART: EDIBLE ART

Bring your 18-month to 3 year old to this fun and playful class and have a ball watching them make a whipped cream painting, Playdough peanut butter, sand and glitter painting. They will also try spin art, finger and sponge painting and much, much more. All materials are nontoxic! Wear old clothes to class! \$10.00 material fee payable to the instructor.

Instructor: April Berg

Fee: \$40.00 – 6 week session

|              |                |                 |    |                  |
|--------------|----------------|-----------------|----|------------------|
| ECC/6011.401 | 18 mos – 3 yrs | Sep 14 – Oct 19 | M  | 10:15 – 11:00 AM |
| MCC/6011.402 | 18 mos – 3 yrs | Sep 16 – Oct 21 | W  | 10:15 – 11:00 AM |
| CG/6011.403  | 18 mos – 3 yrs | Sep 17 – Oct 22 | Th | 10:00 – 10:45 AM |

SANDS available online at  
[www.hbsands.org](http://www.hbsands.org)



## PRESCHOOLER CLASSES

# Register Early!



Classes fill up quickly!

See page 61 for  
information on  
how to register.

### ART PLAYGROUND

Your children will have the freedom to express their creative style in our playground of art stations! Each week, kids move freely between stations such as painting, paper crafting, wood and canvas projects, and the exciting "Buried Treasure", all while being exposed to various medium. Take home a "masterpiece" every class session. Parent participation required – sibling enrollment encouraged! Wear painting clothes. Materials fee: \$15 payable to instructor at first class meeting. Class taught at Newland Barn.

Instructor: Easel Does It – Meredith Hubbard, Tracy Gohl

FEE: \$48.00 – 6 week session

CS/6109.401 18 mo – 5 yrs Sep 17 – Oct 22 Th 9:45 AM – 10:30 AM

CS/6109.403 18 mo – 5 yrs Oct 29 – Dec 10 Th 9:45 AM – 10:30 AM

### ART: PRESCHOOL PICASSOS

This class is designed to address all the different art forms, such as collage, prints, sculpturing, drawing, painting and so much more. Each week your child will bring home keepsakes you and your family will treasure for years. Wear old clothes. This is a parent participation class. Material fee of \$10.00 is due first class meeting.

Instructor: April Berg

Fee: \$40.00 – 6 week session

ECC/6009.401 3 – 5 yrs Sep 14 – Oct 19 M 11:15 AM – Noon

MCC/6009.402 3 – 5 yrs Sep 16 – Oct 21 W 11:15 AM – Noon

CG/6009.403 3 – 5 yrs Sep 17 – Oct 22 Th 11:00 AM – 11:45 AM

### ART: TINY ARTIST – CREATIVE ART FOR TODDLERS

The Tiny Artist class is for young kids to express their creativity in big artistic ways. The kids will make art designed for their little hands and **big** imaginations. The little artists will explore and make art while learning and experiencing shapes, colors, lines, textures and anything their imaginations can think of. Come join us as we use our creative imaginations to have fun and make art! This is a parent participation class. Be prepared to get messy. Materials fee \$ 5.

Instructor: Anna Marie Francesco

Fee: \$55.00/\$45.00 HBAC members – 4 sessions

HBAC/6096.401 2 – 4 yrs Oct 10 – Oct 31 Sa 12:15 – 1:00 PM

HBAC/6096.402 2 – 4 yrs Oct 10 – Oct 31 Sa 1:15 – 2:00 PM

HBAC/6096.403 2 – 4 yrs Nov 7 – Nov 28 Sa 12:15 – 1:00 PM

HBAC/6096.404 2 – 4 yrs Nov 7 – Nov 28 Sa 1:15 – 2:00 PM

### BUTTONS, BOWS & ETIQUETTE CLASS

This class is designed to teach young children the art of social graces. Good manners are simply polite, kind ways to behave with others. Manners are easy to learn, and they never change. Children will participate in fun and exciting activities, etiquette games, play-acting, traditional customs, table manners and more!

Instructor: Miss Dawna

Fee: \$40.00 – 5 week session

CG/6010.401 2 – 5 yrs Sep 18 – Oct 16 F 1:00 – 1:30 PM

CG/6010.402 2 – 5 yrs Oct 23 – Nov 20 F 1:00 – 1:30 PM

**Registration on page 61**

# PRESCHOOLER CLASSES



## DANCE: BABY BALLERINA AND ME

A fun way to introduce dance and music to young boys and girls. Parents assist dancers in learning basic ballet positions, movements, short dances and more. Both parents and tiny dancers benefit by improving body awareness, coordination and flexibility. A great start for a budding ballerina and fun for parents, too. \$1.00 materials fee payable to instructor. **No class November 11.**

Instructor: Huntington Academy of Dance Staff

Fee: \$99.00 – 10 week session

\* Class held at Huntington Academy of Dance, 16601 Gothard Street

|              |             |                  |    |                  |
|--------------|-------------|------------------|----|------------------|
| MCC/6026.403 | 2 ½ – 4 yrs | Sep 14– Nov 16   | M  | 10:00 – 10:45 AM |
| *CS/6026.405 | 2 ½ – 4 yrs | Sep 15 – Nov 17  | T  | 10:00 – 10:45 AM |
| ECC/6026.401 | 2 ½ – 4 yrs | Sept 16 – Nov 25 | W  | 9:00 – 9:45 AM   |
| ECC/6026.402 | 2 ½ – 4 yrs | Sept 16 – Nov 25 | W  | 11:00 – 11:45 AM |
| MCC/6026.404 | 2 ½ – 4 yrs | Sep 17 – Nov 19  | Th | 10:15 – 11:00 AM |

## DANCE: BALLET BUDDIES

Learn ballet the FUN way-with friends, great music, and an enthusiastic instructor! Tot Pre-Ballet students learn basic ballet positions, jumps, turns, and short dances using French vocabulary. Through ballet, boys and girls develop coordination, confidence, and rhythm. PLUS young dancers gain skills that help them later in Preschool. Leotard, tights, ballet slippers encouraged. Parents are invited to watch the last class of the session. \$1.00 materials fee payable to instructor. **No class November 11.**

Instructor: Huntington Academy of Dance Staff

Fee: \$99.00 – 10 class session

\*Class held at Huntington Academy of Dance, 16601 Gothard Street

|              |                   |                 |    |                  |
|--------------|-------------------|-----------------|----|------------------|
| MCC/6051.401 | Beg I 3 ½ – 5 yrs | Sep 14 – Nov 16 | M  | 9:00 – 10:00 AM  |
| MCC/6051.411 | Beg II 4 – 6 yrs  | Sep 14 – Nov 16 | M  | 11:00 AM – Noon  |
| MCC/6051.408 | Beg II 4 – 6 yrs  | Sep 14 – Nov 16 | M  | 3:00 – 4:00 PM   |
| MCC/6051.404 | Beg I 3 ½ – 5 yrs | Sep 17 – Nov 19 | Th | 11:00 AM – Noon  |
| *CS/6051.412 | Beg I 3 ½ – 5 yrs | Sep 15 – Nov 17 | T  | 11:00 AM – Noon  |
| CG/6051.403  | Beg I 3 ½ – 5 yrs | Sep 17 – Nov 19 | Th | 2:00 – 3:00 PM   |
| CG/6051.414  | Beg II 4 – 6 yrs  | Sep 17 – Nov 19 | Th | 3:00 – 4:00 PM   |
| ECC/6051.409 | Beg I 3 ½ – 5 yrs | Sep 16 – Nov 25 | W  | 10:00 – 11:00 AM |
| ECC/6051.410 | Beg II 4 – 6 yrs  | Sep 16 – Nov 25 | W  | 3:30 – 4:30 PM   |
| ECC/6051.407 | Beg I 3 ½ – 5 yrs | Sep 19 – Nov 21 | Sa | 9:00 – 10:00 AM  |
| ECC/6051.413 | Beg II 4 – 6 yrs  | Sep 19 – Nov 21 | Sa | 10:00 – 11:00 AM |

## DANCE: BABY'S FIRST DANCE CLASS

Baby pals can enjoy a class that's fun and entertaining. Children will delight in a sense of movement. Singing and dancing is a marvelous introduction for little ones to acquire confidence and motor skills, as well as strength, knowledge and coordination.

Instructor: Miss Dawna

Fee: \$40.00 – 5 week session

|              |           |                 |   |                  |
|--------------|-----------|-----------------|---|------------------|
| MCC/6086.401 | 2 – 5 yrs | Sep 18 – Oct 16 | F | 10:20 – 11:00 AM |
| MCC/6086.402 | 2 – 5 yrs | Oct 23 – Nov 20 | F | 10:20 – 11:00 AM |



## DANCE : DANCING DIVAS

Music videos come to life in this dance class. The instructor teaches some of the latest dance movements using current movie and pop songs. The class will explore all around basic dance techniques including jazz and hip-hop, as well as classical dance steps to make the class complete, so you can truly become a dancing diva. Please arrive ready to dance with comfortable clothes and bring in ballet/dance slipper if you have them.

Instructor: Melody Seanoa

Fee: \$70.00/\$60.00 HBAC members – 8 sessions

|               |           |                |   |                |
|---------------|-----------|----------------|---|----------------|
| HBAC/5072.401 | 2 – 4 yrs | Sep 14 – Nov 2 | M | 1:00 – 1:45 PM |
| HBAC/5072.402 | 4 – 6 yrs | Sep 14 – Nov 2 | M | 2:00 – 2:45 PM |

## DANCE: ONE AND TWO BABY BOOGIE AND YOU

Children will delight in a sense of movement. Dance is a marvelous introduction for little students to acquire confidence and discipline as well as strength, knowledge, and coordination. "Baby face, you've got the cutest, little baby face." Parent/child participation.

Instructor: Miss Dawna

Fee \$40.00 – 5 week session

|              |               |                 |   |                  |
|--------------|---------------|-----------------|---|------------------|
| ECC/6019.401 | 4 mos – 2 yrs | Sep 14 – Oct 12 | M | 11:00 – 11:40 AM |
| MCC/6019.402 | 4 mos – 2 yrs | Sep 18 – Oct 16 | F | 11:00 – 11:40 AM |
| MCC/6019.403 | 4 mos – 2 yrs | Oct 23 – Nov 20 | F | 11:00 – 11:40 AM |

## DANCE: PARENT AND ME HIP HOP DANCE

Attention Moms and Dads! Are you tired of the same routine with the kids and want a little excitement? Come join certified dance instructor, Charletta Fry's, Parent and Me Hip Hop Dance class. You will have fun partying to the latest beats and you don't need a night club. Come learn simplified MTV moves with your children and have fun!

Instructor: Charletta Fry

Fee: \$85.00 – 8 week session

|             |            |                |   |                  |
|-------------|------------|----------------|---|------------------|
| CG/6066.401 | 2 ½ -5 yrs | Sep 16 – Nov 4 | W | 10:15 – 11:00 AM |
| CG/6066.402 | 2 ½ -5 yrs | Sep 18 – Nov 6 | F | 5:15 – 6:00 PM   |

SANDS available online at  
[www.hbsands.org](http://www.hbsands.org)



# PRESCHOOLER CLASSES

## DANCE: TINY TOTS HULA

Aloha! Introduction to the fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the islands! **No class on November 11 and 26.**

Instructor: Melody Seanoa

Fee: \$65.00/\$55.00 HBAC members – 6 sessions

|               |             |                 |   |                  |
|---------------|-------------|-----------------|---|------------------|
| HBAC/6040.401 | 2 – 4 yea   | Sep 16 – Oct 21 | W | 10:30 – 11:00 AM |
| HBAC/6040.402 | 2 – 4 years | Sep 16 – Oct 21 | W | 11:30 – Noon     |
| HBAC/6040.403 | 2 – 4 years | Oct 28 – Dec 9  | W | 10:30 – 11:00 AM |
| HBAC/6040.404 | 2 – 4 years | Oct 28 – Dec 9  | W | 11:30 – Noon     |

## DANCE: TOTS HULA (4 to 6 years old)

Aloha! Fundamentals of Hawaiian Hula and Tahitian dance for your little ones. Great for fine-tuning motor skills, building self-esteem and showmanship. Have fun dancing to the rhythms of the islands! The class will end up with show for the whole family.

Instructor: Melody Seanoa

Fee: \$65.00/\$55.00 HBAC members – 6 sessions

|               |           |                 |   |                |
|---------------|-----------|-----------------|---|----------------|
| HBAC/6102.401 | 4 – 6 yrs | Sep 15 – Oct 20 | T | 4:00 – 4:45 PM |
| HBAC/6102.402 | 4 – 6 yrs | Oct 27 – Dec 1  | T | 4:00 – 4:45 PM |

## DANCE: TOT TAP & JAZZ

Tap develops a sense of rhythm and timing that is also useful in music study and athletics. Jazz encourages the freedom of creative expression and is fun, fun, fun! The most rewarding part of this program is that it enhances confidence and positive self-image. No special shoes required.

Instructor: Miss Dawna

Fee: \$40.00 – 5 week session

\*No tap shoes allowed

|               |           |                 |   |                  |
|---------------|-----------|-----------------|---|------------------|
| *CG/ 6030.401 | 2 – 5 yrs | Sep 18 – Oct 16 | F | 12:30 – 1:00 PM  |
| *CG/6030.402  | 2 – 5 yrs | Oct 23 – Nov 20 | F | 12:30 – 1:00 PM  |
| ECC/6030.403  | 2 – 5 yrs | Sep 14 – Oct 12 | M | 10:20 – 11:00 AM |

## FITNESS: TINY AND BUSY BOUNCERS

Our Bounce and Learn structured play program helps budding abilities blossom through games, exercises, and (you guessed it) bouncing. Kids ages 2-5 learn important concepts in a clean, safe, and uniquely exciting environment, with our inflatables providing the perfect platform for an upbeat education. Structured play has been shown to support healthy brain development, promote a love of physical activity, and provide an opportunity for social growth. Class taught at Bounce U, 5445 Oceanus Drive, #115, Huntington Beach.

Instructor: Bounce U Staff

Fee: \*\$100 – 8 week class – This parent participation class includes age appropriate activities  
\$145.00 – 8 week class

|               |             |                |   |                  |
|---------------|-------------|----------------|---|------------------|
| *CS/ 6114.401 | 2 – 3 ½ yrs | Sep 14 – Nov 2 | M | 9:30 – 10:15 AM  |
| CS/6114.402   | 3 ½ – 5yrs  | Sep 14 – Nov 2 | M | 10:30 – 11:30 AM |

## GYMNASTICS: BEAM-N-BABIES

Enjoy special time together in activities, fun for both you and your baby. This PARENT PARTICIPATION class helps teeny tumblers build important motor skills, balance, and coordination as you safely guide them across a small, foam balance beam, through tunnels and down the “big cheese.” Age-appropriate progressions are taught providing fundamental tumbling skills such as climbing, jumping, hand/eye and foot/eye coordination. Have fun getting healthy exercise together while learning great ideas to play at home. \$1 material fee payable to instructor class

Instructor: Tumble-N-Kids, Inc. – Dayle Lusk

Fee: \$85.00 – 10 week session

MCC/6092.402 10 – 18 mos Sep 17 – Nov 19 Th 9:30 – 10:15 AM

## GYMNASTICS: JR. CHEER-NASTICS:

Jr. Cheer-nastics teaches students high energy, CHEER plus GYM-NASTIC skills “give us Y-E-S!” Skilled instructors teach with enthusiasm and positive reinforcement, creating a comfortable, *non-competitive* atmosphere. Learn fun cheers, and beginning stunting techniques. Cheer-tumbling includes: cartwheels, rolls, jumps and back-handspring barrel. Combined, these skills improve balance, flexibility, coordination, and prepare students for cheer and ALL SPORTS! Show with certificates awarded the last class. \$1 material fee payable to instructor at 1st class.

Instructor: Tumble-N-Kids, Inc.

Fee: \$105.00 – 10 week session

CG/6100.401 4 – 6 yrs Sep 18 – Nov 20 F 3:00 – 4:00 PM

## GYMNASTICS: KARTWHEEL-N-KIDS

Boys and girls safely learn gymnastics skills – cartwheels, rolls, jumps, handstands, bridge/backbends, balance beam, combinations and MORE! We focus on beginning gymnastics skills while incorporating music, obstacle courses, equipment, tumble lines and FUN! Positive reinforcement provides a comfortable, noncompetitive learning experience where balance, coordination, strength and agility (skills necessary in ALL sports) are developed. Recreational gymnastics promotes confidence, and builds skills progressing toward the next level – Gymnastics Plus! Show with certificate awarded last class. \$1 material fee payable to instructor, 1st class. Also check GYMNASTICS/“Youth” classes. **No class November 11.**

Instructor: Tumble-N-Kids, Inc.

Fee: \$95.00 – 9 week session

ECC/6093.402 4 – 6 yrs Sep 16 – Nov 18 W 2:30 – 3:30 PM

## GYMNASTICS: KIDDYCISE

Boys and girls learn TUMBLING skills: rolls, “position of the day,” balance beam, mini trampoline and animal walks. PLUS cool props (hoops, balls, bells, cartwheel mat), exercise games and music make everything more FUN! Coordination, balance and strength easily develop as confidence and imagination grow. KIDDYCISE teaches kids how to control their bodies AND exercise their minds! \$1 material fee payable to instructor at first class meeting. Certificates awarded last class!

Instructor: Tumble-n-Kids, Inc.

Fee: \$105.00 – 10 week session

ECC/6015.403 3 ½ – 5 yrs Sep 19 – Nov 21 Sa 11:45 AM – 12:45 PM

**Registration on page 61**

# PRESCHOOLER CLASSES



## GYMNASTICS/ROCK-N-ROLLERS

Enjoy the final stage of PARENT PARTICIPATION classes before tumblers head out on their own to the next level, "Kartwheel-N-Kids." Boys and girls learn a combination of age-appropriate Gymnastics/Tumbling skills: "position of the day" (squat, straddle, lunge, etc), animal walks, rolls, and beginning cartwheels – "monkey jumps". In addition, students gain strength, coordination, flexibility, balance, and self-confidence! Certificate awarded at last class. \$1 material fee payable to the instructor at first class meeting. **No class November 11.**

Instructor: Tumble-n Kids Inc.

Fee: \$95.00 – 9 week session

\*\$105.00 – 10 week session

ECC/6067.401 2½ – 4 yrs Sep 16 – Nov 18 W 11:30 AM – 12:30 PM

\*MCC/6067.402 2½ – 4 yrs Sep 17 – Nov 19 Th 11:30 AM – 12:30 PM

\*MCC/6067.403 2½ – 4 yrs Sep 19 – Nov 21 S 10:30 – 11:30 AM

## GYMNASTICS: TEENY TUMBLE-N-YOGA

Teeny Tumble-N-Yoga is a fun active class combining unique, baby friendly yoga poses and age-appropriate tumbling skills. This parent participation class provides social interaction and helps tumbling "yoginis" build motor skills, hand/foot/eye coordination and balance as they climb, jump, roll, explore tunnels, and enjoy safe, creative fun and music. Learn useful tips on relieving colic, gas, etc. and on how to get a good night's sleep. \$1 material fee payable to instructor at first class.

Instructor: Tumble-N-Kids, Inc.

Fee: \$85.00 – 10 week session

MCC/6115.401 4 – 17 mos Sep 15 – Nov 17 T 10:30 – 11:15 AM

## GYMNASTICS/TEENY TUMBLERS

Enjoy special time together in activities, fun for both you and your baby. This parent participation class helps tumblers build important motor skills, balance, plus coordination as they explore tunnels, balls, slide, roll down the "Big Cheese." Age-appropriate progressions are taught, providing fundamental tumbling skills: climbing, jumping, hand/eye and foot/eye coordination. This class provides social interaction, learning to share, take turns and be respectful of others! Get exercise together while learning great ideas to play at home. \$1 material fee payable to instructor at 1st class.

Instructor: Tumble-N-Kids Inc-

Fee: \$85.00 – 10 week session

ECC/6031.405 10 – 18 mos Sep 19 – Nov 21 Sa 10:00 – 10:45 AM

CG/6031.406 10 – 18 mos Sep 18 – Nov 20 F 9:00 – 9:45 AM

## GYMNASTICS: TINY TUMBLE-N-DANCE

Combining two great skills, TUMBLING + DANCE, we'll teach your little-one body control, focus, flexibility, rhythm, balance and coordination. Have a blast learning tumbling fun – balance beam, trampoline, "big cheese", rolls and animal walks! – PLUS the introduction to dance! Rhythmic movement and flexibility to music gives "tumblers" confidence, strength, and exercise. Taught with encouragement, praise and tons of FUN! No special shoes required. Certificate awarded. \$1 material fee payable to instructor at first class. Parents/Partners participate in the fun!

Instructor: Tumble-N-Kids, Inc., Melanie Long

Fee: \$105.00 – 10 week session

CG/6053.403 18 mos – 3 yrs Sep 18 – Nov 20 F 9:45 – 10:45 AM

## GYMNASTICS: TINY TUMBLERS

A perfect "first class" to safely introduce tumbling and gain confidence! Rock-n-roll to "Tumble-N-Tunes", tumble down the "Big Cheese" or snake through tunnels! Helping your "tumbler" learn basic gymnastic skills and positions, animal walks and balance beams! Taught with enthusiasm and praise, tumbling teaches boys and girls body control and develops coordination, strength and confidence! Parents/partners participate in the fun with tumblers observing instruction as desired. Certificate awarded. \$1 material fee payable to instructor, first class. **No class July 4.**

Instructor: Tumble-N-Kids, Inc.

Fee: \$105.00 – 10 week session

MCC/6041.402 18 mos – 3 yrs Sep 15 – Nov 17 T 11:15 AM – 12:15 PM

ECC/6041.407 18 mos – 3 yrs Sep 19 – Nov 21 Sat 10:45 – 11:45 AM

## GYMNASTICS/TOOTSIE-ROLLERS

This PARENT PARTICIPATION class is jam-packed with music, movement and Tumble-N-Fun! Rock out to "Tumble Tunes", tumble down the "Big Cheese" or snake through tunnels! Helping your tumbler safely learn age-appropriate gymnastic skills including rolling, jumping, "Position of the Day", animal walks and balances beams! Tootsie Rollers develop social interaction with other children, teaching them how to share, take turns and be respectful of others. Certificate awarded last class. \$1 material fee payable to instructor first class. **No class November 11.**

Instructor: Tumble-n-Kids Inc., Dayle Lusk

Fee: \$95.00 – 9 weeks

\*\$105 – 10 weeks

\*MCC/6094.401 18 mos – 3 yrs Sep 17 – Nov 19 Th 10:15 – 11:15 AM

ECC/6094.402 18 mos – 3 yrs Sep 16 – Nov 18 W 10:30 – 11:30 PM

## GYMNASTICS: TUMBLE-N-DANCE

Calling all girls and boys! This class combines 2 popular skills: **TUMBLE + DANCE to = 1 ROCKIN' CLASS!** Students experience age-appropriate TUMBLING skills: "Position of the Day", rolls, balance beam, "Big Cheese" and more plus the introduction to DANCE: weekly, a new dance style will be taught. Music and fun props will teach your "Tumble-N-Dancer" body control, focus, flexibility, rhythm and balance. Our enthusiastic, progressive skill level method of instruction promotes success and confidence! Everyone can find their groove! \$1 material fee payable to instructor at 1st class.

Instructor: Tumble-N-Kids, Inc.

Fee: \$105.00 – 10 week session

CG/6107.401 3 ½ – 5 yrs Sep 18 – Nov 20 F 10:45 – 11:45 AM

# Register Early!

See page 61 for information  
on how to register.

SANDS available online at  
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## PRESCHOOLER CLASSES

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### INFANT/TODDLER PLAY & LEARN

A special time for parent and baby/toddler, which includes creative play and learning centers, music time, bubbles, and parachute play. Parenting tips, family outing ideas, and tips on selecting toys and educational materials shared. Field trip to visit animals included each session. Material fee of \$5.00 is due first class meeting.

Instructor: Bev Rico

Fee: \$75.00 – 10 week session

|              |             |                 |   |                 |
|--------------|-------------|-----------------|---|-----------------|
| MCC/6013.402 | 11 – 23 mos | Sep 14 – Nov 23 | M | 9:00 – 10:00 AM |
| MCC/6013.403 | 3 – 10 mos  | Sep 14 – Nov 23 | M | 11:00 AM - Noon |
| MCC/6013.404 | 11 – 23 mos | Sep 16 – Nov 25 | W | 9:00 – 10:00 AM |
| MCC/6013.405 | 3 – 10 mos  | Sep 16 – Nov 25 | W | 11:00 AM – Noon |
| ECC/6013.401 | 11 – 22 mos | Sep 18 – Nov 20 | F | 9:30 – 10:30 AM |

### KARATE-KID'S TRADITIONAL JAPANESE KARATE-DO AT EDISON COMMUNITY CENTER

This traditional karate class is for building character as well as improving physical conditioning. Sensei Nishimura, a world-class competitor, has over 35 years of teaching experience and emphasizes good sportsmanship and respect. Children will learn basic Japanese commands and counting, basic karate technique, and some self-defense technique. Intermediate and advanced students will learn to spar. Classes are ongoing and progressive. Uniforms and equipment are available for purchase from instructor.

Instructor: Shoji Nishimura

Beginning/Novice – Traditional Japanese Karate-Do  
at Edison Community Center

Fee: \$103.00 – 13 weeks (Thurs or Fri)

\*\$123.00 – 13 weeks (Thurs and Fri)

|               |                  |                 |     |                |
|---------------|------------------|-----------------|-----|----------------|
| ECC/6016.401  | Beg. 5 – 7 yrs   | Sep 17 – Dec 17 | Th  | 5:00 – 5:45 PM |
| ECC/6016.402  | Beg. 5 – 7 yrs   | Sep 18 – Dec 18 | F   | 5:00 – 5:45 PM |
| *ECC/6016.405 | Beg. 5 – 7 yrs   | Sep 17 – Dec 18 | ThF | 5:00 – 5:45 PM |
| ECC/6016.403  | Novice 5 – 7 yrs | Sep 17 – Dec 17 | Th  | 5:45 – 6:30 PM |
| ECC/6016.404  | Novice 5 – 7 yrs | Sep 18 – Dec 18 | F   | 5:45 – 6:30 PM |
| *ECC/6016.406 | Novice 5 – 7 yrs | Sep 17 – Dec 18 | ThF | 5:45 – 6:30 PM |

Intermediate – Traditional Japanese Karate-Do  
at Edison Community Center ADDRESS?

Fee: \$116.00 – 13 weeks (Thurs or Fri)

\*\$136.00 – 13 weeks (Thurs and Fri)

|                |                |                 |     |                |
|----------------|----------------|-----------------|-----|----------------|
| **ECC/6016.407 | Int. 5 – 7 yrs | Sep 17 – Dec 17 | Th  | 5:45 – 6:45 PM |
| **ECC/6016.408 | Int. 5 – 7 yrs | Sep 18 – Dec 18 | F   | 5:45 – 6:45 PM |
| +ECC/6016.409  | Int. 5 – 7 yrs | Sep 17 – Dec 18 | ThF | 5:45 – 6:45 PM |

### LIL' EXPLORERS

Enjoy outdoor sensory activities with your toddler, on and off the trail. Develop your child's intelligence through hands-on interaction with the wonders of nature. Explore animals, bugs and much more. Meetings are enhanced with songs, puppetry and unique story readings. Parent participation required. Siblings may be combined in either class.

Instructor: Helen Cohen

Fee: \$40 – 4 class sessions

ShIPLEY Nature Center

|                |             |            |    |                  |
|----------------|-------------|------------|----|------------------|
| CS/6089.401401 | 1 – 2 ½     | Oct 1 – 22 | Th | 9:30 – 10:15 AM  |
| CS/6089.403    | 2 ½ – 4 yrs | Oct 1 – 22 | Th | 10:30 – 11:30 AM |

**Registration on page 61**

# PRESCHOOLER CLASSES



## MUSIC: MULTICULTURAL SERIES

Each week a different continent will be introduced to children through instruments, songs and dance-movement. Children will have fun with instruments from each continent as they interact with instruments and other musical props as they discover far away lands and their music cultures. Class meets at Harbor View Clubhouse.

Instructor: Kids N Motion Staff

Fee: \$100.00 – 8 week session

CS/6113.401 2 – 5 yrs Sep 14 – Nov 2 M 3:30 PM – 4:15 PM

## PARENT AND ME “SUNSHINE” BABIES & TOTS SONG AND DANCE FUN CLUB

Want a great opportunity to spend quality time with your child? Have fun singing, dancing, marching and playing to upbeat music using bright colored props, and introduce your child to the wonderful world of song combined with dance. Fun activities include parachute games, bubbles, balls, tunnels and more. Class ends each week with a marching parade using rhythm instruments. PARENT PARTICIPATION IS REQUIRED. Kids 3 years and older can also sign up for our Sunshine Generation Performing Group.

Instructor: Iskui Merdjanian

Fee: \$49.00 – 5 week session

|              |                |                 |    |                 |
|--------------|----------------|-----------------|----|-----------------|
| MCC/6052.401 | 10 – 23 mos    | Sep 15 – Oct 13 | T  | 8:30 – 9:15 AM  |
| MCC/6052.402 | 10 mos – 3 yrs | Sep 15 – Oct 13 | T  | 9:20 – 10:05 AM |
| MCC/6052.406 | 10 – 23 mos    | Oct 20 – Nov 17 | T  | 8:30 – 9:15 AM  |
| MCC/6052.407 | 10 – 23 mos    | Oct 20 – Nov 17 | T  | 9:20 – 10:05 AM |
| ECC/6052.403 | 10 – 23 mos    | Sep 17 – Oct 15 | Th | 9:00 – 9:45 AM  |
| ECC/6052.404 | 10 mos – 3 yrs | Sep 17 – Oct 15 | Th | 9:50 – 10:35 AM |
| ECC/6052.405 | 10 mos – 3 yrs | Sep 17 – Oct 15 | Th | 6:30 – 7:15 PM  |
| ECC/6052.410 | 10 mos – 3 yrs | Oct 22 – Nov 19 | Th | 6:30 – 7:15 PM  |
| ECC/6052.411 | 10 – 23 mos    | Oct 22 – Nov 19 | Th | 9:00 – 9:45 AM  |
| ECC/6052.412 | 10 mos – 3 yrs | Oct 22 – Nov 19 | Th | 9:50 – 10:35 AM |
| MCC/6052.408 | 10 mos – 3 yrs | Sep 18 – Oct 16 | F  | 6:15 – 7:00 PM  |
| MCC/6052.409 | 10 mos – 3 yrs | Oct 23 – Nov 20 | F  | 6:15 – 7:00 PM  |

## PARENT AND ME TOT HOUR

Parent participation class including creative play and learning centers; bubbles and parachute time; craft activity with Playdough, paints, collages; story time; plus songs and dancing. Parenting information and outing ideas shared. Trip to visit farm animals. Provides opportunities in play and learning activities helpful for future preschool experiences. Material fee of \$5.00 is due first class meeting.

Instructor: Bev Rico

Fee: \$75.00 – 10 week session

|              |            |                 |   |                  |
|--------------|------------|-----------------|---|------------------|
| MCC/6020.403 | 2 – 3½ yrs | Sep 14 – Nov 23 | M | 10:00 – 11:00 AM |
| MCC/6020.402 | 2 – 3½ yrs | Sep 16 – Nov 25 | W | 10:00 – 11:00 AM |
| ECC/6020.401 | 2 – 3½ yrs | Sep 18 – Nov 20 | F | 10:30 – 11:30 AM |

## PERFORMING ARTS: SUNSHINE GENERATION CHILDREN’S PERFORMING GROUP OF HB

Perform live on stage at amusement parks, fairs, malls, etc. All music and choreography is upbeat and age appropriate. Showmanship and self-esteem are taught in this unique year-round program. No audition needed. Bring a parent and \$15 to the first class for a CD and word sheets. Costume purchase is required for performances, which are optional. Our 3 year olds will only perform at the parent show, and need to purchase a “Sunshine” t-shirt. Parents are asked not to stay in the classroom. **No class on November 26.**

Instructor: Iskui Merdjanian

Fee: \$89.00 – 8 week session

|              |           |               |    |                |
|--------------|-----------|---------------|----|----------------|
| MCC/6031.402 | 3 – 5 yrs | Oct 6 – Dec 1 | T  | 4:00 – 4:45 PM |
| ECC/6031.401 | 3 – 5 yrs | Oct 8 – Dec 3 | Th | 4:00 – 4:45 PM |

## PLAYBALL FOR PEOPLE WITH DEVELOPMENTAL DISABILITIES

Join us in our new playball for people with developmental disabilities class. Playball is sports and movement program developed 25 years ago by Sports Psychologist and Occupational Therapists for children ages 2 to 5. In Playball we use the medium of sports to not only improve fine and gross motor development, but also teach basic life skills. At playball, your child will learn persistence, courage, cooperation, respect, positive relationships, self worth, communication, responsibility and countless other attributes. We believe that through the medium of sport, the skills that are developed will help children deal with the challenges and obstacles of everyday life. Discover the magic of Playball! **No Class on Nov. 27.**

Instructor: Dana – Lee Effren

Fee: \$160.00 – 12 weeks

|              |               |                 |   |                  |
|--------------|---------------|-----------------|---|------------------|
| ECC/6110.401 | 2 yrs – 3 yrs | Sep 18 – Dec 11 | F | 11:00 – 11:45 AM |
| ECC/6110.402 | 4 yrs – 5 yrs | Sep 18 – Dec 11 | F | 12:00 – 12:45 PM |

## PLAYBALL MANIA

Playball, Dana-Lee Effren

ECC Basketball Courts

Playball is a sports and movements program developed 25 years ago by Sports Psychologists and Occupational Therapists for ages 2 to 5. Today, Playball is taught in numerous countries throughout the world. In Playball we use the medium of sports to not only improve fine and gross motor development, but also teach basic life skills. At Playball, your child will learn persistence, courage, cooperation, respect, positive relationships, self worth, communication, responsibility and countless other attributes. We believe that through the medium of sport, the skills that are developed will help children deal with the challenges and obstacles of everyday life. **No class November 11, 26 and 27.**

Fee: \*\$120.00 – 12week session

\$130.00 – 13 week session

|               |               |                 |    |                  |
|---------------|---------------|-----------------|----|------------------|
| ECC/6095.410  | 3 yrs – 4 yrs | Sep 14 – Dec 7  | M  | 3:30 – 4:15 PM   |
| ECC/6095.411  | 5 yrs         | Sep 14 – Dec 7  | M  | 4:30 – 5:15 PM   |
| CG/6095.416   | 2 yrs         | Sep 14 – Dec 7  | M  | 9:00 – 9:45 AM   |
| CG/6095.417   | 3 yrs         | Sep 14 – Dec 7  | M  | 10:00 – 10:45 AM |
| CG/6095.418   | 3 – 4 yrs     | Sep 15 – Dec 8  | T  | 3:30 – 4:15 PM   |
| CG/6095.419   | 5 yrs         | Sep 15 – Dec 8  | T  | 4:30 – 5:15 PM   |
| MCC/6095.401  | 2 yrs         | Sep 15 – Dec 8  | T  | 9:00 – 9:45 AM   |
| MCC/6095.402  | 2 yrs         | Sep 15 – Dec 8  | T  | 10:00 – 10:45 AM |
| MCC/6095.403  | 3 yrs         | Sep 15 – Dec 8  | T  | 11:00 – 11:45 AM |
| MCC/6095.404  | 2 yrs         | Sep 16 – Dec 9  | W  | 9:00 – 9:45 AM   |
| MCC/6095.408  | 2 yrs         | Sep 16 – Dec 9  | W  | 10:00 – 10:45 AM |
| MCC/6095.409  | 3 yrs         | Sep 16 – Dec 9  | W  | 11:00 – 11:45 AM |
| MCC/6095.412  | 3 – 4 yrs     | Sep 16 – Dec 9  | W  | 3:30 – 4:15 PM   |
| MCC/6095.413  | 5 yrs         | Sep 16 – Dec 9  | W  | 4:30 – 5:15 PM   |
| *ECC/6095.405 | 2 yrs         | Sep 17 – Dec 10 | Th | 9:00 – 9:45 AM   |
| *ECC/6095.406 | 2 yrs         | Sep 17 – Dec 10 | Th | 10:00 – 10:45 AM |
| *ECC/6095.407 | 3 yrs         | Sep 17 – Dec 10 | Th | 11:00 – 11:45 AM |

SANDS available online at  
[www.hbsands.org](http://www.hbsands.org)



# PRESCHOOL CLASSES

## PRESCHOOL PLAY AND PRACTICE

Imagine learning activities, award-winning children's literature, arts and crafts, songs, and many more fresh new ideas for your child. Each class is based on a different theme and includes cutting, pasting, painting, coloring, and more importantly, interacting with other children. The words creative and fun best describe this class. A \$5.00 supply fee is payable to the instructor in class.

Instructor: Miss Dawna

Fee: \$40.00 – 5 class session

|              |           |                 |   |                 |
|--------------|-----------|-----------------|---|-----------------|
| MCC/6065.403 | 2 – 5 yrs | Sep 18 – Oct 16 | F | 9:40 – 10:20 AM |
| MCC/6065.402 | 2 – 5 yrs | Oct 23 – Nov 20 | f | 9:40 – 10:20 AM |
| ECC/6065.407 | 2 – 5 yrs | Sep 14 – Oct 12 | M | 9:40 – 10:20 AM |

## RHYTHM, RHYME, AND FUN

Singing, dancing, musical instruments, rhyming games, and exercise fun await your eager youngster. Memory, rhythm, and coordination are all valuable skills which will be developed in a positive, cheerful environment. \$2.00 material fee payable to the instructor.

Instructor: Pat Hill

Fee: \$80.00 – 10-week session

**\*This is a parent participation class.**

|               |             |                 |    |                  |
|---------------|-------------|-----------------|----|------------------|
| *ECC/6024.401 | 1½ – 2½ yrs | Sep 14 – Nov 16 | M  | 9:30 – 10:30 AM  |
| ECC/6024.402  | 2½ – 4½ yrs | Sep 14 – Nov 16 | M  | 10:45 – 11:45 AM |
| *CG/6024.405  | 1½ – 2½ yrs | Sep 15 – Nov 17 | T  | 10:00 – 11:00 AM |
| *MCC/6024.403 | 1½ – 2½ yrs | Sep 17 – Nov 19 | Th | 9:30 – 10:30 AM  |
| MCC/6024.404  | 2½ – 4 yrs  | Sep 17 – Nov 19 | Th | 10:45 – 11:45 AM |
| MCC/6024.406  | 2 – 4 yrs   | Sep 17 – Nov 19 | Th | 1:30 – 2:30 PM   |

## SANTA'S HELPERS

Send your 3 – 6 year old to this very exciting class. Your child will be making, wrapping, and giving Christmas gifts to their whole family. This is not a parent participation class. This will be the perfect opportunity to do some Christmas shopping alone. Children will be bringing their treasures home wrapped to put under the tree. They will be experiencing all disciplines of art in their creations. Snacks will be provided during their class. A \$20 fee is payable to the instructor in class.

Instructor: April Berg

Fee: \$35.00 – 3 week session

|              |           |                |   |                |
|--------------|-----------|----------------|---|----------------|
| MCC/6070.401 | 3 – 6 yrs | Dec 2 – Dec 16 | W | 1:00 – 2:30 PM |
| MCC/6070.402 | 3 – 6 yrs | Dec 4 – Dec 18 | F | 2:00 – 3:30 PM |

## SENSATIONAL SATURDAY

Meet new families and explore sights, sounds, smells, tastes and textures of nature with your toddler. Interactive sensory activities will develop your child's eighth intelligence – naturalist intelligence – and instill a respect for life at an early age. This class will be located at Shipley Nature Center.

Instructor: Helen Cohen

Fee: \$10.00 / per family of 4 – 1 class session  
\$4.00 / each additional family member

### Spooky Spiders

|             |           |        |    |                 |
|-------------|-----------|--------|----|-----------------|
| CS/6098.401 | 2 – 4 yrs | Oct 31 | Sa | 9:30 – 10:30 AM |
|-------------|-----------|--------|----|-----------------|

### Terrific Trees

|             |           |        |    |                 |
|-------------|-----------|--------|----|-----------------|
| CS/6098.402 | 2 – 4 yrs | Nov 14 | Sa | 9:30 – 10:30 AM |
|-------------|-----------|--------|----|-----------------|

## SKATING: OC MINI ROLLERS

Your child will learn great coordination and poise with roller skating techniques from a roller derby girl. Parent participation with shoes is encouraged. Activities are geared toward the younger first time skater. Children will learn to skate forward, start, and stop. \*Required for class: quad skates (no in-lines or blades) helmet, knee pads, elbow pads, and wrist guards. Gear may be purchased from the instructor for a minimal fee. **No class September 26.**

Instructor: O.C. Roller Girl "Mia Roller"

Fee: \$55.00 – 6 week session

|              |           |                 |    |                |
|--------------|-----------|-----------------|----|----------------|
| ECC/6025.401 | 2 – 5 yrs | Sep 19 – Oct 31 | Sa | 9:00 – 9:45 AM |
|--------------|-----------|-----------------|----|----------------|

## SOCCER: COAST 2 COAST SOCCER

This is a specially designed program geared towards 3-5 year old soccer players. Join us for a fun, exciting and relaxed approach to learning the FUNdamentals skills of soccer in a safe and structured environment.

Instructor: Coast 2 Coast

Fee: \$125.00 – 8 week session

|              |           |                |   |                |
|--------------|-----------|----------------|---|----------------|
| ECC/6111.401 | 3 – 5 yrs | Sep 16 – Nov 4 | W | 3:00 – 4:15 PM |
|--------------|-----------|----------------|---|----------------|

## TUMBLE-N-YOGA

Tumble-N-Yoga combines two popular skills, gymnastics and yoga. Kid-friendly, safe, age-appropriate tumbling skills ("Position of the day," rolls, beginning cartwheels, balance beam), yoga poses (tree, downward facing dog, sun salutations, volcano, dragon, games and music are all part of the fun! Get strong and fit with gymnastics, increase awareness and confidence: a double dose of fun! Yoga mats are provided and certificate awarded at the last class. \$1.00 materials fee payable to instructor at first class meeting. No yoga experience required.

Instructor: Tumble-N-Kids, Inc.

Fee: \$105.00 – 10 week session

|              |           |                 |   |                 |
|--------------|-----------|-----------------|---|-----------------|
| MCC/6060.401 | 4 – 6 yrs | Sep 15 – Nov 17 | T | 12:15 – 1:15 PM |
|--------------|-----------|-----------------|---|-----------------|

## Parks & Recreation

Recreation programs  
promote creativity...



...the benefits are endless

**Registration on page 61**